Daniel Fast - 2024

January 15 - February 5

***Theme: The Year of Compassion***

**Scripture:** ”But when he saw the multitudes, he was moved with compassion on them, because they fainted, and were scattered abroad, as sheep having no shepherd.“

<https://bible.com/bible/1/mat.9.36.KJV>

”Seeing the crowds, He felt compassion for them, because they were distressed and downcast, like sheep without a shepherd.“

<https://bible.com/bible/2692/mat.9.36.NASB2020>

**WEEK 3 (January 29 – February 5)**

**Week 3**

**January 29**

”But I say unto you which hear, Love your enemies, do good to them which hate you, bless them that curse you, and pray for them which despitefully use you.“

<https://bible.com/bible/1/luk.6.27-28.KJV>

”“But I say to you who hear, love your enemies, do good to those who hate you, bless those who curse you, pray for those who are abusive to you.“

<https://bible.com/bible/2692/luk.6.27-28.NASB2020>

**January 30**

”But love ye your enemies, and do good, and lend, hoping for nothing again; and your reward shall be great, and ye shall be the children of the Highest: for he is kind unto the unthankful and to the evil.“

<https://bible.com/bible/1/luk.6.35.KJV>

”But love your enemies and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He Himself is kind to ungrateful and evil people.“

<https://bible.com/bible/2692/luk.6.35.NASB2020>

**January 31**

”And Jesus answered him, The first of all the commandments is, Hear, O Israel; The Lord our God is one Lord: and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment. And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these.“

<https://bible.com/bible/1/mrk.12.29-31.KJV>

”Jesus answered, “The foremost is, ‘Hear, Israel! The Lord is our God, the Lord is one; and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.’ The second is this: ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.”“

<https://bible.com/bible/2692/mrk.12.29-31.NASB2020>

**February 1**

”Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; beareth all things, believeth all things, hopeth all things, endureth all things.“

<https://bible.com/bible/1/1co.13.4-7.KJV>

”Love is patient, love is kind, it is not jealous; love does not brag, it is not arrogant. It does not act disgracefully, it does not seek its own benefit; it is not provoked, does not keep an account of a wrong suffered, it does not rejoice in unrighteousness, but rejoices with the truth; it keeps every confidence, it believes all things, hopes all things, endures all things.“

<https://bible.com/bible/2692/1co.13.4-7.NASB2020>

**February 2**

”But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law.“

<https://bible.com/bible/1/gal.5.22-23.KJV>

”But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.“

<https://bible.com/bible/2692/gal.5.22-23.NASB2020>

**February 3**

”For the mountains shall depart, and the hills be removed; but my kindness shall not depart from thee, neither shall the covenant of my peace be removed, saith the LORD that hath mercy on thee.“

<https://bible.com/bible/1/isa.54.10.KJV>

”“For the mountains may be removed and the hills may shake, But My favor will not be removed from you, Nor will My covenant of peace be shaken,” Says the Lord who has compassion on you.“

<https://bible.com/bible/2692/isa.54.10.NASB2020>

**February 4**

”Therefore also now, saith the LORD, turn ye even to me with all your heart, and with fasting, and with weeping, and with mourning: and rend your heart, and not your garments, and turn unto the LORD your God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of the evil.“

<https://bible.com/bible/1/jol.2.12-13.KJV>

”“Yet even now,” declares the Lord, “Return to Me with all your heart, And with fasting, weeping, and mourning; And tear your heart and not merely your garments.” Now return to the Lord your God, For He is gracious and compassionate, Slow to anger, abounding in mercy And relenting of catastrophe.“

<https://bible.com/bible/2692/jol.2.12-13.NASB2020>

**February 5**

”For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end. Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you. And ye shall seek me, and find me, when ye shall search for me with all your heart.“

<https://bible.com/bible/1/jer.29.11-13.KJV>

”For I know the plans that I have for you,’ declares the Lord, ‘plans for prosperity and not for disaster, to give you a future and a hope. Then you will call upon Me and come and pray to Me, and I will listen to you. And you will seek Me and find Me when you search for Me with all your heart.“

<https://bible.com/bible/2692/jer.29.11-13.NASB2020>