

## Don't Sweat The Small Stuff

Do not be anxious [do not worry] about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.”  
Phil. 4:7

# Don't Sweat The Small Stuff

- How can I learn to trust that He is in control and rest in that?

# Don't Sweat The Small Stuff

- The concept of the control of God over everything is called the “sovereignty” of God.
- You don't have to worry. Nothing gives us strength and confidence like an understanding of the sovereignty of God in our lives.
- Take comfort in God's sovereignty which is defined as His complete and total independent control over every creature, event, and circumstance at every moment in history.

# Don't Sweat The Small Stuff

- Subject to none, influenced by none, absolutely independent, God does what He pleases, only as He pleases, always as He pleases.
- God is in complete control of every molecule in the universe at every moment, and everything that happens is either caused or allowed by Him for His own perfect purposes.

# Don't Sweat The Small Stuff

- Nothing is random or comes by chance, especially not in the lives of believers. He “purposed” it. That means to deliberately resolve to do something.
- God has resolved to do what He will do, and nothing and no one stands in His way.
- My purpose will stand, and I will do all that I please” ([Isaiah 46:10](#)). This is our powerful, purposeful God who is in control of everything. That should bring us great **comfort** and help to alleviate our fears.

# Don't Sweat The Small Stuff

- God isn't finding out what's going to happen as events unfold. He is continuously, actively running things—ALL things—here and now.
- But to think He needs our cooperation, our help, or the exercise of our free will to bring His plans to pass puts us in control over Him, which makes us God.

# Don't Sweat The Small Stuff

- Share some stories from the bible where people tried to take matters in their own hands without God's help?

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- Our wills are only free to the extent that God allows us that freedom and no farther. “All the peoples of the earth are regarded as nothing.
- He does as he pleases with the powers of heaven and the peoples of the earth. No one can hold back his hand or say to him: ‘What have you done?’” ([Daniel 4:35](#)).
- No one's free will trumps the sovereignty of God.



# Don't Sweat The Small Stuff

- The book of Job is a clear illustration of just who has the sovereign power and who doesn't. Satan came to God and, in effect, said, "Job only serves you because you protect him."
- So God gave Satan permission to do certain things to Job but no more ([Job 1:6–22](#)).
- Could Satan do more than that? No.
- God is in control over Satan and his demons who try to thwart God's plans at every step.

# Don't Sweat The Small Stuff

- Unlimited in power, unrivalled in majesty, and not thwarted by anything outside Himself, our God is in complete control of all circumstances, causing or allowing them for
- His own good purposes and plans to be fulfilled exactly as He has foreordained.
- You can rest in God to see you through. Be anxious for nothing.
- By your (patient) endurance you will gain your lives. Luke 21:19 ESV

# Don't Sweat The Small Stuff

- But we can rejoice in our God's sovereignty, because it is overshadowed by His goodness, His love, His mercy, His compassion, His faithfulness, and His holiness.
- There is no magic formula to make us spiritual giants overnight, no mystical prayer to pray three times a day to mature us, build our faith, and make us towers of strength and confidence.

# Don't Sweat The Small Stuff

- There is only the Bible, the single source of power that will change our lives from the inside out. But it takes effort, diligent, everyday effort, to know the God who controls everything.
- Read His word and allow His Spirit to fill our hearts and mind to gain comfort in the sovereignty of our God will become clear to us,

# Don't Sweat The Small Stuff

- Dropping the Drama.
- Turn Your Melodrama into a Mellow-drama. One of the mistakes many of us make is that we feel sorry for ourselves, or for others, thinking that life should be fair, or that someday it will be. It's not and it won't. When we make this mistake we tend to spend a lot of time wallowing and/or complaining about what's wrong with life.
- "It's not fair," we complain, not realizing that, perhaps, it was never intended to be."

- Next Wednesday
- Comfort in Waiting On God
- Scripture: Is. 40:28-31

- Reference
- God is in control-[Gotquestions.org](http://Gotquestions.org)

## Don't Sweat the Small Stuff-6/14/17

**Scripture:** Do not be anxious [do not worry] about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God." Phil. 4:7

How can I learn to trust that He is in control and rest in that?

- Take comfort in God's sovereignty which is defined as His complete and total independent control over every creature, event, and circumstance at every moment in history.

Share some stories from the bible where people tried to take matters in their own hands without God's help?

### Take Comfort-God Has Everything in Control

- My purpose will stand, and I will do all that I please" (Isaiah 46:10). This is our powerful, purposeful God who is in control of everything. That should bring us great **comfort** and help to alleviate our fears.
- The book of Job is a clear illustration of just who has the sovereign power and who doesn't. Satan came to God and, in effect, said, "Job only serves you because you protect him." So God gave Satan permission to do certain things to Job but no more (Job 1:6-22).
- His own good purposes and plans to be fulfilled exactly as He has foreordained. You can rest in God to see you through. Be anxious for nothing.
- Turn Your Melodrama into a Mellow-drama. One of the mistakes many of us make is that we feel sorry for ourselves, or for others, thinking that life should be fair, or that someday it will be. It's not and it won't. When we make this mistake we tend to spend a lot of time wallowing and/or complaining about what's wrong with life. "It's not fair," we complain, not realizing that, perhaps, it was never intended to be."