# FINDING COMFORT IN HIS WORD

Do not be afraid or discouraged, for the Lord will personally go ahead of you. He will be with you; he will neither fail you nor abandon you

Deuteronomy 31:8 NLT

And my God will supply all your needs according to His riches in glory in Christ Jesus

Philippians 4:19 NASB

### What is Comfort?

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TO SOOTHE, CONSOLE, OR REASSURE; BRING CHEER TO

A STATE OF PHYSICAL EASE AND FREEDOM FROM PAIN OR CONSTRAINT.

THE EASING OR ALLEVIATION OF A PERSON'S FEELINGS OF GRIEF OR DISTRESS.

RELIEF IN AFFLICTION; CONSOLATION; SOLACE

TO MAKE COMFORTABLE

- 1. SECURITY (PHYSICAL, EMOTIONAL, FINANCIAL)
- 2. TO FEEL GOOD
- 3. NEED TO BELONG/FRIENDSHIP/RELATIONSHIPS
- 4. TO DEAL WITH TRAUMA
- 5. HEALTH/HEALING
- 6. TO FEEL SUPPORTED/REASSURED

#### Small Group Activity

- DIVIDE UP INTO 3 TEAMS
- FIND SUPPORTING SCRIPTURES
- BE READY TO SHARE YOUR FINDINGS

## Time to search the Scriptures

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#### Time to Share

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SECURITY (PHYSICAL, EMOTIONAL, FINANCIAL)

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PSALM 122:7- "MAY PEACE BE WITHIN YOUR WALLS, AND PROSPERITY WITHIN YOUR PALACES."

1 CORINTHIANS 10:13-NO TEMPTATION HAS OVERTAKEN YOU BUT SUCH AS IS COMMON TO MAN; AND GOD IS FAITHFUL, WHO WILL NOT ALLOW YOU TO BE TEMPTED BEYOND WHAT YOU ARE ABLE, BUT WITH THE TEMPTATION WILL PROVIDE THE WAY OF ESCAPE ALSO, SO THAT YOU WILL BE ABLE TO ENDURE IT

PROVERB 3:9-10-HONOR THE LORD FROM YOUR WEALTH AND FROM THE FIRST OF ALL YOUR PRODUCE;10 SO YOUR BARNS WILL BE FILLED WITH PLENTY AND YOUR VATS WILL OVERFLOW WITH NEW WINE.

TO FEEL GOOD

#### TO FEEL GOOD

PSALM 118:24-THIS IS THE DAY WHICH THE LORD HAS MADE; LET US REJOICE AND BE GLAD IN IT.

PROVERB 17:22-A JOYFUL HEART IS GOOD MEDICINE, BUT A BROKEN SPIRIT DRIES UP THE BONES.

PSALM 33:21-FOR OUR HEART REJOICES IN HIM, BECAUSE WE TRUST IN HIS HOLY NAME

NEED TO BELONG/FRIENDSHIP/RELATIONSHIPS

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GAL 3:28-THERE IS NEITHER JEW NOR GREEK, THERE IS NEITHER SLAVE NOR FREE MAN, THERE IS NEITHER MALE NOR FEMALE; FOR YOU ARE ALL ONE IN CHRIST JESUS.

ECC 4:9-10-TWO ARE BETTER THAN ONE BECAUSE THEY HAVE A GOOD RETURN FOR THEIR LABOR. 10 FOR IF EITHER OF THEM FALLS, THE ONE WILL LIFT UP HIS COMPANION. BUT WOE TO THE ONE WHO FALLS WHEN THERE IS NOT ANOTHER TO LIFT HIM UP.

2 COR 6:14-DO NOT BE BOUND TOGETHER WITH UNBELIEVERS; FOR WHAT PARTNERSHIP HAVE RIGHTEOUSNESS AND LAWLESSNESS, OR WHAT FELLOWSHIP HAS LIGHT WITH DARKNESS?

TO DEAL WITH TRAUMA

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PSALM 107:13-14-THEN THEY CRIED OUT TO THE LORD IN THEIR TROUBLE; HE SAVED THEM OUT OF THEIR DISTRESSES. 14 HE BROUGHT THEM OUT OF DARKNESS AND THE SHADOW OF DEATH AND BROKE THEIR BANDS APART.

MATT 11:28-"COME TO ME, ALL WHO ARE WEARY AND HEAVY-LADEN, AND I WILL GIVE YOU REST.

2 TIM 2:12-IF WE ENDURE, WE WILL ALSO REIGN WITH HIM; IF WE DENY HIM, HE ALSO WILL DENY US;

HEALTH/HEALING

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ISAIAH 41:10-'DO NOT FEAR, FOR I AM WITH YOU; DO NOT ANXIOUSLY LOOK ABOUT YOU, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU, SURELY I WILL HELP YOU, SURELY I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND.'

JAMES 5:14-IS ANYONE AMONG YOU SICK? THEN HE MUST CALL FOR THE ELDERS OF THE CHURCH AND THEY ARE TO PRAY OVER HIM, ANOINTING HIM WITH OIL IN THE NAME OF THE LORD;

EXODUS 23:25-"YOU MUST SERVE ONLY THE LORD YOUR GOD. IF YOU DO, I WILL BLESS YOU WITH FOOD AND WATER, AND I WILL PROTECT YOU FROM ILLNESS

TO FEEL SUPPORTED/REASSURED

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ISAIAH 43:2-WHEN YOU PASS THROUGH THE WATERS, I WILL BE WITH YOU; AND THROUGH THE RIVERS, THEY WILL NOT OVERFLOW YOU. WHEN YOU WALK THROUGH THE FIRE, YOU WILL NOT BE SCORCHED, NOR WILL THE FLAME BURN YOU

PSALM 16:8-I HAVE SET THE LORD CONTINUALLY BEFORE ME; BECAUSE HE IS AT MY RIGHT HAND, I WILL NOT BE SHAKEN.

ISAIAH 46:4-I WILL BE YOUR GOD THROUGHOUT YOUR LIFETIME, UNTIL YOUR HAIR IS WHITE WITH AGE. I MADE YOU, AND I WILL CARE FOR YOU. I WILL CARRY YOU ALONG AND SAVE YOU

DO WE ALWAYS NEED COMFORT?

ARE THERE TIMES WHEN COMFORT CAN BE BAD?

- ARE THERE TIMES WHEN COMFORT CAN BE NEGATIVE?
- GROWTH IS NEEDED
- LEARN NEW THINGS
- COMPLACENCY SETS IN
- CAN LEAD TO REGRETS
- CONFIDENCE TAKES PRACTICE